

#### Mailing Address

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**13<sup>th</sup> April 2026**

Dear Parent/Carer

I am writing to inform you regarding the upcoming changes from September 2026, for Relationships, Sex and Health Education (RSHE). These changes, introduced by the Department for Education, will be followed by all secondary schools in England and the updated statutory guidance aims to ensure that learning is relevant, age-appropriate, and reflects the challenges young people face today.

The key changes for Secondary Pupils are:

- Greater focus on online safety  
Lessons will include topics such as social media risks, AI and deepfakes, and how to recognise harmful online content
- Addressing harmful behaviours and relationships  
There is increased teaching around misogyny, pornography, consent, and healthy relationships, helping students challenge harmful attitudes
- Expanded personal safety education  
Students will learn more about staying safe in everyday situations, including travel, public spaces, and risk awareness
- Stronger focus on mental health and wellbeing  
Topics such as loneliness, grief, and emotional wellbeing will be explored in more depth
- More inclusive and relevant curriculum  
Teaching will reflect diverse relationships and experiences, with a focus on respect, equality, and understanding others

#### **What This Means for EMLM**

Schools are required to update their RSHE curriculum and policies by September 2026, with a continued emphasis on working closely with parents and ensuring transparency around what is taught.

These changes are designed to better prepare students for modern life—supporting them to stay safe, build positive relationships, and develop the knowledge and skills they need for the future.

Therefore, to ensure we have made the above changes, we have amended our policy for Relationship, Sex and Health Education (RSHE). This draft policy is uploaded onto our website - [add link here](#) with the topics we will be covering which you will find on **Appendix 1**. We have

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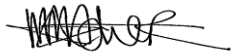
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also put together a PowerPoint presentation to simplify this policy. We will be going through this presentation during our consultation meetings mentioned below.

**Our consultation period begins today and will end on 30<sup>th</sup> April 2026.** A meeting for interested parents/carers is being held **on Thursday 16<sup>th</sup> April 2026 at 15:30pm in school** and we will have a further **online meeting on Thursday 23<sup>rd</sup> April 2026 at 15.30pm** at which you will be able to hear about the updated changes and the teaching of RSHE, together we will discuss the topics covered, how and when the content is covered and share lesson content and examples of the resources we will be using to teach these topics. **This is an important meeting as you will be able to ask any questions or discuss any concerns you may have.** After our consultation period, we will add any amendments so that our policy is ready to apply from September 2026.

I look forward to meeting you at the above meeting as we continue to review and develop our RSHE provision. If you are unable to attend and want to have a discussion with me outside of the stated times, please contact me to arrange a meeting.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Winsome Fletcher', with a horizontal line drawn through it.

**Winsome Fletcher**  
Head of School