



'Success for Everyone'

# Newsletter

OCTOBER 2025  
Mental Health Awareness

## Head of School's Message:

Throughout this month EMLM has marked a few events such as World Mental Health Day, celebrated the theme for Black History Month 'standing firm in power and pride' and we were encouraged to 'explore the world from global cultures to natural wonders' at the Horniman Museum.

It was a pleasure to meet with you all, both in person and virtually, during our consultation days where we discussed your child's progress so far and their future aspirations. For those who were unable to attend there will be a further opportunity, week commencing Monday 3<sup>rd</sup> November 2025 to do so.

Another quick reminder that the school will reopen to learners on **Monday 3<sup>rd</sup> November 2025**. I would like to wish you all a well-deserved rest.

Ms Fletcher

If you have any concerns or issues

please contact us on:

📞 0208 698 9663



Info@emlm.org.uk

## Achievement Certificates this month have been given to learners for:

*'Settling down in the classroom and completing all assessments. Not only that, you scored over 90% on the Maths papers. Great to have you at this school!!'*

*'...punctuality that was on point today as he arrived early! Overall class participation was brilliant even when others didn't want to get involved. Well done!'*

*'Well done for completing and building the hot rod car. It's great to see you smiling and enjoying yourself.'*

*'For staying in control of your emotions even when you are not happy. Proud to see the progress you have made this year!'*



## Pupil Voice: Black History Month

Our learners shared their personal experiences when discussing and reflecting on questions based on this year's BHM theme of 'standing firm in power and pride.' What does it mean to stand firm? **Nobody can change your mind or move you.** What does power look like? **It's hard to say... strong.** What does pride feel like? **When you do something to make your family feel proud – you feel very happy! It's when you know you have tried your best!** We encourage our learners to show courage even when things do not go the way they would wish. Many inspirational people have demonstrated this throughout history.

*By remembering the theme, we pay homage to resilience, strength, and a steadfast commitment to progress.*



## Attendance - Late arrivals...

### Punctuality

EMLM school day begins at 9.00 and the Learners are required to be in school by then. If a Learner arrives after the register has closed at 9.10, they will be marked as 'late.'

**Every Second Counts!**

## Attendance and Punctuality: Responsibilities of Parents/Carers

- Ensure your child attends school every day
- Ensure the school is notified if your child is absent and give reasons for this. This should be on the morning of the absence and before 9am
- Make all non-emergency appointments out of school hours or during school holidays. where this is not possible, evidence of the appointment should be shared with the school in advance of the appointment
- Seek support where necessary, for maintaining good attendance by contacting the school office
- Work in partnership with the school to resolve issues that may lead to non-attendance



## Curriculum shout out...RSHE

Relationships, Sex and Health Education (RSHE) is more than just a subject — it's about helping our learners understand themselves, their choices, and the world around them. Through RSHE, they explore important topics like building healthy relationships, respecting differences, looking after their mental and physical health, and making informed decisions about their wellbeing.

Why it matters:

**Knowledge empowers** — RSHE gives the facts which our youngsters need to stay safe and confident

**Communication builds respect** — learning how to express themselves and listen to others helps create stronger, kinder communities

**Wellbeing matters** — understanding emotions, consent, and self-care supports a positive mindset and healthier connections

RSHE is about giving our youngsters the tools to think for themselves and make positive choices which prepares them for life beyond school.

**World Mental Health Day**, a global reminder that mental health matters just as much as physical health. This year's theme — *"Mental health is a universal human right"* — encourages us all to create spaces of understanding, compassion, and support.

Mental health encompasses our emotional, psychological, and social well-being, affecting how we think, feel, and interact with others.

### ♥ Remember:

- It's okay to ask for support
- Small steps count — rest, connect, breathe
- Kindness, both to ourselves and others, goes a long way

By speaking openly and honestly about our experiences, we can break the stigma surrounding mental health and promote a culture of understanding and empathy. Together, let's continue building a community that values openness, empathy, and wellbeing — not just today, but every day.

### Services to support families/carers:

<https://lewisham.gov.uk/myservices/socialcare/adult/disability-support/practical-support>

<https://lewishamfamilyhubs.org.uk/p/accessing-support/accessing-support>

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/>

National Domestic Abuse helpline 0808 2000 247

<https://www.lewishamcfc.org.uk/parenting-support/>



### Postcards home for...

*'Well done for your participation in Muay Thai and for helping others get better.'*  
*'...being a valued member of our EMLM school! You are a delight to have around, thank you!'*

*'...having a great cooking session.'* *'Attending school this morning at 8:30 sharp.'*  
*'Settling in quite quickly and keeping a smile on his face throughout the day.'*  
*'...an amazing attitude inside and outside the building. Well done.'*

*'Excellent work on his English comprehension task. Well done for coming up with your own ideas.'* *'Working hard and diligently completing all his morning tasks.'*  
*'Starting his morning promptly. Very impressive attitude.'*

*'A fantastic start – Keep it up!'*

### KEY DATES

#### Date for your Diary

Monday 1<sup>st</sup> September 2025  
School closed for Learners -  
staff training.

### Autumn Term 1

Tuesday 2<sup>nd</sup> September 2025  
to  
Thursday 24<sup>th</sup> October 2025

Friday 24<sup>th</sup> October 2025  
School closed for Learners -  
staff training.

### Half Term – EMLM closed

Monday 27<sup>th</sup> October 2025  
to  
Friday 31<sup>st</sup> October 2025

Parent Consultation Days  
W/C - 20.10.2025  
03.11.2025

### Autumn Term 2

Monday 3<sup>rd</sup> November 2025  
to  
Friday 19<sup>th</sup> December 2025

### Christmas Holidays

Monday 22<sup>nd</sup> December 2025  
to  
Friday 2<sup>nd</sup> January 2026

### Theme Days

21.09.25 International Day of  
Peace

26.09.25 McMillian Coffee  
Morning