



'Success for Everyone'

# Newsletter

JUNE 2025  
WELLBEING

## Head of School's Message:

This month's theme of Wellbeing has been embraced by all. We all enjoy being given opportunities to be heard and to express ourselves as well as to feel motivated and confident to try new tasks and activities. Self-care is also important for us all during this busy period of the term. We want to express our appreciation for the many ways we have worked collaboratively together to support your children. We are sure that you will continue to encourage them, and to wish our Year 10's and Year 11's all the best as they prepare to sit for their Functional Skills examinations.

We continue to experience very hot weather at the moment, and we need to make sure we are all drinking lots of fluids to keep hydrated. Remember to put on sun cream and don't forget to wear a hat to ensure you stay safe in the sun. Click on the link below to find out about how to keep your homes cool too. <https://www.gov.uk/guidance/beat-the-heat-hot-weather-advice>

Ms Fletcher

If you have any  
concerns or issues

please contact us on:

☎ 0208 698 9663



Info@emlm.org.uk

## Achievement Certificates this month have been given to learners for:

*'Sharing own knowledge and skills when a peer experienced difficulty.'*

*'Being a role model to others.'* *'Being a focused learners and always tries to complete work to a good level.'*

*'Showing perseverance in completing external English and Mathematics examinations.'*

*'Regularly attending school and being punctual.'* *'Being kind and considerate to everyone.'*

*'Working independently to maintain own knowledge and understanding.'*

*'Greatly improved punctuality – Keep it up!'* *'Participation to a high standard in a range of sports.'*



## Pupil Voice:

Through group discussions and one-to-one conversations, our Learners are demonstrating growth in key social and emotional skills. They are developing a deeper understanding of the importance of **respect**, showing genuine **empathy** towards others, and improving their ability to **communicate effectively**. These qualities are essential for building positive relationships and contributing to a supportive learning environment.

*'I thought respect was just something people say but don't mean.'* *'I hear people talking about treating others how you want to be treated... I have learned that this is a hard thing to do.'* *'Standing in someone else shoes is difficult.'*



## Attendance - Late arrivals...

### Punctuality

EMLM school day begins at 9.00 and the Learners are required to be in school by then. If a Learners arrives after the register has closed at 9.10, they will be marked as 'late.'

**Every Second Counts!**

## World Wellbeing Week 2025: Wellbeing at the Heart of Learning

We celebrated World Wellbeing Week (23rd–27th June 2025) by recognising the importance of wellbeing in all aspects of life: mental, physical, emotional, and social. The week encouraged EMLM to reflect on how we care for ourselves and for each other. For our learners, many of whom have faced significant challenges, including trauma, and extended periods out of education, wellbeing is not a luxury. It is essential.

We know that young people cannot engage in learning unless they feel safe, supported, and heard. Therefore, we create environments where learners can begin to rebuild confidence, rediscover their strengths, and re-engage with education at a pace that feels right for them.



## Curriculum shout out... Art

Art is a therapeutic tool for children. The last few weeks we have focused on pencil sketching. The aim of this work was to provide our learners with mark making possibilities and to introduce them to different ways of working with various complementary materials. We used pencil and in some cases charcoal so that our learners could understand what kinds of effect they may get from this medium. Charcoal is easier to smudge and blend which creates softer edges and gradients.

Sketching is also beneficial for our staff as it's a form of stress relief, helping children calm their minds and regain focus, especially in moments of anxiety or overstimulation.

## Exercise, Dance and Movement

Our Learners and Staff have been exploring ways to improve their mental health and wellbeing here is what they found out:

- Exercise means being physically active and moving your body around. Any activity that gets you breathing a little bit harder is exercise and this can also help to improve your mental health and give a feeling of improved wellbeing.
- Ten minutes of exercise a day has been shown to have significant health benefits. Researchers say a 10 minute daily workout improves your mood and helps to reduce stress.
- Dance and Movement is about making bodily connections and can be powerful forms of self-expression.

*Movement can relieve stress and can be a powerful tool for self-regulation (Jones, 1996).*

## Online Safety – What are AI tools and AI general content?

**AI generated content:** This is where an image, video or voice recording has been created using an online generator. These can be completely artificial, meaning none of the content is real, or they can be altered versions of existing real content.

**AI content generators:** These are the tools used to create AI generated content by entering a series of commands to generate new content or edit an existing image or video.

**AI chat bots:** These are chat functions where you are speaking with a bot rather than a real person. They will often only respond to short messages and will usually introduce themselves as a bot. However, the bots can often be given human names.

**AI summaries:** This is where a platform gathers and summarises information, usually found at the top of a page or search engine result. The AI will often take information from across a range of sources and list the sources within the summary. **For further information:**

<https://www.nspcc.org.uk/about-us/news-pinion/2025/artificial-intelligence-safety-tips-for-parents/>



## Postcards home for...

*'Taking part in a great discussion during PSHE.'*

*'Doing really well during Food Technology.'* *'Showing improvement in work completed.'*

*'Focusing and getting through his work very well whilst working offsite.'*

*'Finishing functional skills tasks.'* *'Beginning to share own thoughts and opinions.'*

*'Completing work and showing excellence in listening skills.'*

*'Working collaboratively with peers and staff.'*

## KEY DATES

*Date for your Diary*

## Summer Term 1

Tuesday 22 April 2025 -  
Friday 23 May 2025

**Spring Bank Holiday**

**Monday 05 May 2025**  
(School closed to learners)

**Half Term**

Monday 26 May 2025 -  
Friday 30 May 2025

## Summer Term 2

**INSET DAY**

**Monday 02 June 2025**  
(School closed to learners)

Tuesday 03 June 2025 -  
Monday 21 July 2025

**21.07.25 - School closes at**  
**2pm**

**INSET DAY**

**Tuesday 22 July 2025**  
(School closed to learners)

**Other key dates:**

**Mental Health Awareness**  
**Week - 12.05.25**

**30.06.25 - Art Week**

**14.07.25 - Reports to**  
**Parents and Carers**

**Open Afternoon for**  
**Parents/Carers**  
**17th July 2025**