

'Success for Everyone'

Newsletter

February 2024 Resilience

Head of School's Message:

The month of February began with Children's Mental Health week and our learners expressing the theme of My Voice Matters. Responses to an online quiz during Safer Internet Day allowed them to share their opinions based on prior knowledge and what they had researched. I am pleased to say that our learners continue to demonstrate resilience when striving to achieve in their work, daily tasks and in their timekeeping.

One particular task the learners enjoyed was making pancakes as part of food technology with cross curricular links with Science, Maths and RE, which was a resounding success. I hope they had a chance to put this new skill to the test at home too! Before we knew it the half term break was upon us - an opportunity for rest and recuperation for all. Since returning we continue to support our learners to do their best and to be confident in everything they do.

I would like to welcome our new learners and wish them every success whilst being with us here at EMLM! Ms Fletcher

If you have any concerns or issues

please contact us on:

① 0208 698 9663

Info@emlm.org.uk



Achievement Certificates this month have been given to learners for:

Developing good relationships with adults and peers.

Good work and improved attendance.

Demonstrated understanding and knowledge of ordering to be able to complete the tasks.

Being considerate of how others are feelings.

Showing confidence when joining in games with peers.

Pupil Voice: Friendship vs Relationship

Our learners regularly enjoy sharing their opinion around different topics and issues that affect them. Recently there has been much talk around having friendships and relationships. Here are a few points shared:

' I don't think that I would like to be in a relationship.' '...my friends are very important to me.' 'not everyone who says they are your friend is truly your friend' '...a good friend will support you.' 'I'm not sure that having a good friend is the same as having a relationship.'

Attendance - Late arrivals...

Working independently.

Learners should arrive at school at 9:00am promptly.

Registers close at 9:10am and if you arrive after this time, your attendance will be marked as late!

If you need support in arriving on time please speak to a member of staff.

Pupil questionairre: We asked our learners a range of questions about how they feel about their learning and here are some of their comments: **What makes you happy at EMLM?** 'The staff' 'Being listened to' 'Learning'

How do staff help with your learning? 'They encourage us' 'Revise my work with me to make sure I understand' 'Go over and explain it in a way we understand' '1:1 support'

They also shared which member of staff they can turn to when they are sad or have a problem and who cares for them... Thank you to our staff who were mentioned by the learners: Victor, Julie, Shak, Winsome and all our staff who go over and above to support our learners.

Curriculum shout out: Relationship, Sex, Health & Education

At EMLM we teach Relationships, Sex, Health and Education (RSHE) to make sure our learners can make informed decisions about their health, wellbeing and relationships, in a sensitive way that is age appropriate. We aim to develop our learners understanding of health, with an increased focus on risk areas such as drugs and alcohol. We also discuss how they can have positive and healthy relationships.

It is mandatory for RSHE to be taught in all schools. However, parents do have a right to request that their child is withdrawn from some or all the sex education lessons. Please do look at the policy for this subject on our website

<u>https://www.emlm.org.uk/copy-of-our-policies</u> and/or contact Winsome Fletcher via phone or email for any further information.

Resilience

Building resilient learners is an important part of our teaching at EMLM. We teach our learners how resilience is a process and it is about how they actually react to and cope with emotional and mental stress. To be resilient is to be determined, to have grit and to be able to persevere. Resilience in life means that adults and children can express their emotions constructively without pain, fear or anger.

"Resilience is not a commodity you are born with, waiting silently on tap. It is self-manufactured painstakingly over time by working through your problems." - Dr. Kenneth Ginsburg



https://communityconnectionslewisham.org/

https://lewisham.foodbank.org.uk/locations/

https://lewisham.gov.uk/myservices/environment/environment/energyefficiency

https://lewisham.gov.uk/myservices/cost-of-living/food-services

Online Safety

Children and young adults are growing up with technology and the internet and for them, there isn't a difference; online life and offline life is just life. Technology can move at an extraordinarily fast pace, and it can be difficult to know how to start talking to your child about what they're doing online, who they might be speaking to or discussing the potential risks and issues. Starting the conversation and talking regularly with your child is the greatest tool to help keep them safe online. Talking regularly and making it part of daily conversation, like you would about their day at school, will help your child feel relaxed. It also means when they do have any worries, they're more likely to come and speak to you. For more help and support, visit:

<u>https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/</u>



Postcards sent home for...

'great maths work, along with supporting a peer's understanding of the task.' 'completing the gym workout to a high standard.'

'super effort at maths work involving inequalities and expressions'

'putting yourself in a good position to learn.'

"... being brave following a difficult situation."

KEY DATES

Date for your Diary

Spring Term 1

Thursday and Friday (4th & 5th January 2024) School closed for Learners -staff training.

Monday 8th January 2024 -Friday 9th February 2024

Half Term

Monday 12th February 2024 -Friday 16th February 2024

Spring Term 2

Monday 19th February 2024 -Thursday 28th March 2024

Easter Holidays

Friday 29th March 2024 -Friday 12th April 2024

Other key dates:

National Storytelling Week 29.01.24 - 04.02.24

Safer Internet Day 6th February 2024

World Book Day 7th March 2024

Parent Consultation Meetings 18th – 22nd March 2024